

## Wellness Advisory Committee

Thursday January 11<sup>th</sup>, 2024

3:30 pm Milford High School Library

### Agenda

1. Meeting minutes approval; **Thursday October 17<sup>th</sup>, 2023**
2. Milford School District
  - *Wellness District Advisory Committee Expectations (Review)/Christi*
  - *Wellness sub committees' expectations/Christi*
  - *Teams' Building Reports*
  - *District Wellness Policy*
    - *District Wellness Recommendations*
      - *Subcommittee, Sena, Jaime & Jean-Guy*
    - *Food services update (Mandy)*
3. District health
  - 
  - *Substance Use Disorder presentation/ Jaime*
  - *COVID any recent health concerns*
  - *Current community and district initiatives*
    - *Dental services update/Jaime*
  - *Lunch period*
  - *YRBS data? Christi*
4. Other

## **Milford School District Advisory Committee**

### **SAU Office:**

Christi Michaud - Superintendent  
\*Jenny Graves - Business Administrator  
\*Karen Langille - H.R.  
Mandy Dodier – District Kitchen Manager

### **School Board:**

Judy Zaino - School Board Chairman  
Amy Clark-Canty – School Board

### **Jacques:**

Brett Pearson – PE/Health  
Jessica Duquette - Nurse

### **HP**

\*Siza Mtimbiri – HP principal  
Sena Bigelow - P.E./Health  
Melissa Goulet - Nurse

### **MMS**

Jaime Morin - School nurse  
Amy Perkins - Health teacher

### **MHS**

\*Keith Jones- Asst. Principal  
Anna Short - School Nurse  
Jean-Guy Letarte – Wellness  
Heather Fortin – School Social Worker  
\*Charles Cevasco – Senior student

### **Project Drive**

Lisa Girouard - Mental Health counselor

#### Meeting Dates

Tuesday October 17th 2023 @ MHS Library 3:30pm

Thursday January 11th 2024 @ MHS Library 3:30pm

Thursday March 14th 2024 @ TBA

Thursday May 9th 2024 @ TBA